


# April Menu 2025



Reservations are required by the Wednesday before the week of lunch service. (Placerville) 530 621-6160 OR (South Lake Tahoe) 530-573-3130

Monday	Tuesday	Wednesday	Thursday	Friday
<b>The salt &amp; pepper shakers indicate a meal that contains more than 1,000 mg of sodium</b> 	<b>1</b> Beef Burrito Bowl Black Beans, Wild Rice, Fajita Veggie Mix & Cheese with Salsa Cup Avocado Halves Whole Grain Tortilla Fresh Strawberries Milk	<b>2</b> Salmon with Tartar Sauce Red Potatoes California Blend Vegetables Whole Wheat Roll Petite Banana Milk	<b>3</b> Polynesian Meatballs Wild Rice Roasted carrots Whole Grain Roll Fresh Blueberries Milk	<b>4</b> Fettuccini Chicken Alfredo w/ Whole Grain Noodles Broccoli Florets Green Peas Garlic Breadstick Fresh Mandarin Orange Milk
<b>7</b> Chicken Taco Salad Whole Grain Tortilla Chips Tapioca Pudding Fresh Grapes Milk	<b>8</b> Philly Cheese Steak Sandwich on a Whole Grain Bun Roasted Zucchini Baked Potato Chips Fresh Apple Milk	<b>9</b> Shrimp Scampi Honey Cinnamon Carrots Whole Wheat Garlic Bread Knots Fresh Blood Orange Milk	<b>10</b> Mongolian Beef Fried Brown Rice Cauliflower Petite Banana Milk	<b>11</b> Orange Chicken Stir Fry Vegetables Fried Rice Fortune Cookie Fresh Kiwi Milk
<b>14</b> Cheeseburger with Lettuce, Tomato, Onion Whole Grain Bun Sweet Potato Fries Fig Newton Cookies Fresh Clementine Milk	<b>15</b> Baked Cod Creamy Orzo Pasta Roasted Asparagus Whole Wheat Roll Juicy Plum Milk	<b>16</b> Roasted Turkey Cranberry Sauce Cornbread Stuffing Roasted Brussel Sprouts Melon Medley Milk	<b>17</b> Pepperoni Veggie Cheese Pizza Roasted Bell Peppers Pasta Salad Fresh Mandarin Orange Chocolate Milk	<b>18</b> Ham Mashed Potatoes w/Gravy Green Beans Garlic Bread Knot Juicy Orange Boysenberry Dream Cake Milk
<b>21</b> Spaghetti w/ Meat Sauce Broccoli Florets Whole Wheat Hawaiian Roll Peach Fruit Cup Milk	<b>22</b> Chicken Strips Mashed Potatoes Corn Pineapple Tidbits Milk	<b>23</b> Vegetable Ravioli Soup 3 Bean salad Whole Wheat Roll Fresh Blueberries Milk	<b>24</b> Tuna Salad Sandwich with Lettuce and Tomato on Whole Wheat Bread Baked BBQ Potato Chips Gelatin Fruit Salad Fresh Apple Milk	<b>25</b> Salisbury Steak Mashed Potatoes Roasted Brussel Sprouts Whole Wheat Roll Fresh Strawberries Chocolate Milk
<b>28</b> Turkey Divan Brown Rice Steamed Broccoli Fresh Kiwi Milk	<b>29</b> Pork Carnitas Spanish Rice Roasted Bell Peppers Whole Grain Tortilla Juicy Mango Bites Milk	<b>30</b> White Bean Chicken Chili Roasted Zucchini Whole Wheat Roll Petite Banana Milk	<b>To order an alternative, advanced notice by the Wednesday before the week of the change is required.</b> <i>Alternatives are subject to availability</i>	<b>Alternative meal options:</b> <ul style="list-style-type: none"> <li>• Creamy Carrot Soup</li> <li>• Spinach Ravioli with Alfredo Sauce</li> <li>• Manhattan Clam Chowder</li> <li>• Minestrone Soup</li> </ul>

**Lunch is a suggested voluntary contribution of \$3.00**

**Serving adults 60 years and older**

**To cancel a meal, please call the day before or NO LATER THAN 8 AM.** (Placerville) 530 621-6160 OR (South Lake Tahoe) 530-573-3130

Call (530) 621-6160 for current dine-in status. Please join us at one of the following locations:

Placerville	El Dorado Hills	Pioneer Park	Pollock Pines	Georgetown	Cameron Park	South Lake Tahoe
937 Spring St	990 Lassen Lane	6740 Fairplay Rd	2675 Sanders Dr	6680 Orleans St.	2502 County Club Dr	3050 Lake Tahoe Blvd