EL DORADO COUNTY EMS AGENCY PREHOSPITAL PROTOCOLS

Effective: July 1, 2011 Review: <u>July 1, 2016</u> Revised: July 1, 2012, 2018 Scope: BLS/ALS - Adult

EMS Agency Medical Director

SEVERELY AGITATED PATIENT

BLS TREATMENT

ABCs / ROUTINE MEDICAL CARE - administer oxygen at appropriate flow rate. Remember scene safety and use of law enforcement trained in restraining people.

PROTOCOL PROCEDURE: The intent of this protocol is to insure patient and personnel safety from severely agitated patients. It is only to be considered when no other calming measures have been effective. The goal is to sedate the patient to a manageable level and initiate effective treatment with safe transport to the most appropriate facility. Document your justification for utilizing this protocol on the PCR, including all pertinent details.

ALS TREATMENT

RESTRAINTS*- Restraints or handcuffs shall be used for all potentially violent patients. All restrained patients shall be placed in a supine position. Restraints are only used to prevent the patient from iniuring self or others.

Restraints applied by Law enforcement require the officer to remain available at the scene or during transport to remove or adjust restraints for patient safety.

BLOOD SAMPLE/GLUCOSE LEVEL ASSESSMENT - obtain blood sample via venipuncture. Rule out diabetic emergency as soon as safely possible.

CONSIDER SEDATION - Give Versed** 5 mg IM or IN g 10 minutes until effect. It is allowable to administer Versed directly through patient's clothing if paramedic's personal safety is compromised.

If an IV/IO is already established and a patient unexpectedly becomes severely agitated, give Versed** 2.5 mg diluted in 5 mL of SW slow IV/IO push q 10 minutes until effect.

CONTACT BASE STATION

- * Refer to EDCEMSA Physical Restraint Policy for restraining severely agitated patients.
- **Versed may cause hypotension and/or respiratory depression. Use caution and prepare for 250 mL fluid bolus and/or ventilatory assistance. Consider lowering the dose to 2.5 mg for smaller sized or elderly patients.

Consider possible underlying medical or traumatic conditions causing agitated behavior and refer to appropriate protocol as indicated.