

Medical Needs or Disabilities

If you or someone in your household uses special medical equipment, make sure to have:

- Back-up batteries or power supply
- Prescription medication
- Extra eyeglasses, hearing aids and batteries, walkers, canes, etc.
- Teach others how to use your equipment

Maintaining Your Kit

- Keep your supplies together in one location. Put them into a plastic bin that can be sealed to prevent moisture or pests from getting in.
- Twice a year, make sure that nothing has expired and that you have the proper seasonal supplies and clothing in your kit. A good time to do this is when it's time to change the clocks for daylight savings time.
- Store your supplies in a central location and make sure that your family and other trusted people know where to locate your supplies.

For More Information Visit:

El Dorado County Emergency Preparedness and Response

Find Us On Social Media:
EDCPreparedness



Ready.gov

www.ready.gov/build-a-kit

Centers for Disease Control and Prevention

www.emergency.cdc.gov/preparedness



Emergency Preparedness and Response is a program of El Dorado County

El Dorado County

Emergency Preparedness and Response
2900 Fair Lane Court
Placerville, CA

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What's In Your Kit?



Tips to develop and maintain your Emergency Kit

El Dorado County
Emergency Preparedness and Response

The Basics

Making a kit can seem overwhelming. Yet, most of these items you may already have in your home. Include the basic necessities you and your household may need for a least 72-hours. Keep them in easy to carry containers.

- Non-perishable food and water for 3 days for your family and pets
- First aid kit; prescriptions; and other medical supplies you need—including assistive devices
- Important papers (i.e. insurance policies, birth certificates, medical information, deeds, bank information, etc.)
- Flashlight and extra batteries
- Manual can opener
- Battery-operated radio
- Hygiene supplies (toilet paper, feminine products, cleaning and disinfectant supplies that you can use on the go (tissues, hand sanitizer with at least 60% alcohol and disinfection wipes). Cloth face coverings. Toothbrush, etc.
- Cash
- Extra clothes and shoes for each person



Make a Kit



At Work

You may not be at home when an emergency occurs.

- Flashlight with extra batteries
- Battery-powered radio
- Enough nonperishable food and water for 1 day
- First aid kit and prescription drugs
- Complete change of clothing and shoes
- Personal hygiene items
- Family emergency contact information



Have a Plan

In Your Car

- Flashlight with extra batteries
- First aid kit and blanket
- Bottled water and nonperishable foods, like granola bars
- Extra shoes and clothing
- Leather work gloves

Infants & Children

- Infant formula and baby food
- Diapers and wipes
- Weather-appropriate clothing
- Extra blanket
- Security item (i.e. stuffed animal)
- A few toys or games

Pets & Other Animals

- Pet food, water and bowls
- Leash, collar, harness, ID tags
- Pet carrier
- Vaccine records
- Trailers for larger animals



Be Informed