EL DORADO COUNTY EMS AGENCY

PREHOSPITAL PROTOCOLS

Effective: January 1, 2017 EMS Agency Medical Director

BLS Seizures

INFORMATION NEEDED:

- Patient History:
 - Recent infection, trauma, environment (heat/cold), epilepsy
- Current Seizure History:
 - Onset, duration, frequency, description of seizure
- Change in Mental Status:
 - Baseline status, onset and progression of altered state, symptoms prior to altered state such as headache, seizures, confusion, and trauma.

OBJECTIVE FINDINGS:

- Level of Consciousness (AVPU) and neurological assessment
- Evidence of Trauma
- High Temperature (febrile state)
- Current Seizure Activity
- Medical Information Tags, Bracelets or Medallions

TREATMENT

- 1. Protect patient from further injury move furniture and ensure safe area for treatment.
- 2. ABC's
- 3. Spinal immobilization as indicated
- **4.** Protect patient from injury by loosening any restricting clothing items and/or padding or removing any sharp or dangerous items from the patient's proximity. **Do not place** anything in the patient's mouth.
- 5. Ensure ALS response
- 6. Oxygen 10-15 L/min via non-rebreather mask. Patient's with ineffective respirations support with a BVM.
- 7. Institute appropriate cooling measures if indicated by history and findings (rectal temperature 104).
- 8. After seizure has stopped, place patient in left lateral recumbent position and be prepared to suction airway.

- 9. If hypoglycemia is suspected in a known diabetic who is conscious and able to follow simple commands, give the patient a prepared oral dextrose solution or encourage drinking/eating of a sugar-containing beverage or food.
- 10. Routine Medical Care
- 11. Continually assess neurological status.

PROTOCOL PROCEDURE: Flow of protocol presumes that condition is continuing. Consider etiology: shock, toxic exposure, insulin shock, or head trauma. If patient is in destress, immediate, rapid transport is preferred with treatment performed en route.