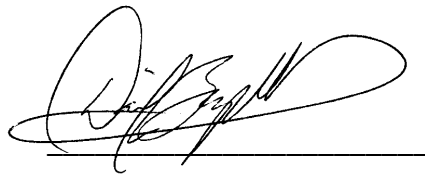


EL DORADO COUNTY EMS AGENCY

PREHOSPITAL PROTOCOLS

Effective: January 1, 2017



EMS Agency Medical Director

BLS Obstetric Gynecological Emergencies

INFORMATION NEEDED:

- Last menstrual period and possibility of pregnancy
- Duration and amount of any bleeding
- If pregnant
 - Month of pregnancy, any complications
- Presence of contractions, cramps, or discomfort
- Pertinent past medical history

OBJECTIVE FINDINGS:

- Estimated blood loss
- Hypotension or hypertension
- Spontaneous abortion
 - Presence of fetal tissue
 - Fetus less than 20 weeks gestation
- Headache, blurred vision, severe abdominal cramps or sharp abdominal pain

TREATMENT:

1. ABC's
2. Place in shock position if warranted. If pregnant place in left lateral position.
3. Oxygen via non-rebreather mask. Patient's with ineffective respirations: support ventilations with BVM and appropriate adjuncts.
4. Do not visualize genital region except for:
 - a. known or suspected active bleeding
 - b. Severe trauma to region
 - c. Active labor
5. For active bleeding place bulky dressing externally to absorb blood flow
6. Routine medical care

NOTE:

1. Do not pack vagina with any material, use external dressings only.
2. When possible have an EMT of the same gender perform examination of the genitalia/pelvic region.
3. Consider neonatal resuscitation in all deliveries.