


EL DORADO COUNTY EMS AGENCY

PREHOSPITAL PROTOCOLS

Effective: January 1, 2017



EMS Agency Medical Director

BLS Altered Level of Consciousness

NEEDED INFORMATION:

- Surroundings:
 - Syringes, blood glucose monitoring supplies, insulin
- Change in mental status:
 - Baseline status, onset and progression of altered state, symptoms prior to altered state such as headache, seizures, confusion, and trauma
- Medical History:
 - Diabetes, epilepsy, substance abuse, mental health, medications, and allergies.
- Consider: Stroke and overdose/intoxication

TREATMENT:

1. Reassure patient and place in position of comfort or supine if hypotensive.
2. ABC's
3. Ensure ALS Response
4. Oxygen 10-15 L/min via non-rebreather mask. Patients with ineffective respirations support with BVM ventilation.
5. Suction as needed
6. Routine Medical Care
7. For patients with signs and symptoms of hypoglycemia with the ability to maintain their own airway and swallow without difficulty administer 1 tube of **oral glucose paste** (15grams of prepared oral dextrose solution). May repeat in 10 minutes or encourage drinking/ eating a sugar containing beverage or food. For patients with their own glucose testing equipment a blood sugar value of less than 70 mg/dl should receive oral glucose.
8. For patients experiencing a behavioral emergency treat patient in a calm and reassuring manner using padded or soft leather restraints only to prevent from harming self or others, refer to **Restraint Policy**.