EL DORADO COUNTY EMS AGENCY PREHOSPITAL PROTOCOLS

please see signature on file EMS Agency Medical Director

Effective: July 1, 2015 Reviewed: July, 2021 Revised: <u>April 2023</u> Scope: BLS/ALS Adult

CHEST PAIN/ACUTE CORONARY SYNDROME (ACS)

PROTOCOL PROCEDURE: Possible thrombolytic/STEMI candidates should be identified and transported immediately with treatment performed en route. Not all AMI/ACS patients present with chest pain; other signs or symptoms (such as: feelings of impending doom, diaphoresis, palpitations, nausea, dyspnea, pain in back, arm, neck or jaw) may indicate an ACS/AMI. Contact the Base Hospital for all STEMI patients and for orders in all suspected AMI/ACS cases not presenting with chest discomfort, pain, or pressure. Consider air transport for STEMI patients in remote areas or for long ground transport times. 12 lead EKGs cannot solely diagnose AMI. Treat all potential cardiac symptoms as such, regardless of 12 lead findings.

Basic Life Support

EMT

ROUTINE MEDICAL CARE –

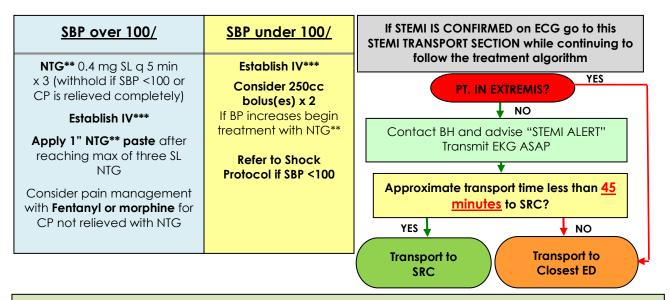
- Apply oxygen if pulse oximetry <94% or signs of hypoperfusion or respiratory distress
- Keep patient in position of comfort and don't allow patient to walk.

ASPIRIN* - Give 324 MG PO.

MEDICATION ASSISTANCE - BLS personnel may assist patient with own medications (i.e. NTG), see **Field Policy:** <u>BLS Medication Administration</u>.

Advanced Life Support

Paramedic



NOTES:

*ASA should be given even if the patient's symptoms have subsided. If the patient has self-administered prior to your arrival, document dose taken and give ASA to complete total 324 or 325 mg as needed.

**If patient has taken any erectile dysfunction medication in the last 24 hours do not give NTG or apply NTG paste. Go directly to Fentanyl or morphine if SBP is >100 in this situation.

**NTG paste should be applied after reaching maximum dose of SL NTG and should only be removed if SBP <100.

*** Consider second IV and/or Twin Cath with saline lock for suspected STEMI/thrombolytic candidates.