



TOOTH TALK

El Dorado Smiles - Local Oral Health Program



Send them
back to school
with a healthy,
bright smile!

Get Ready!

AUGUST - BACK TO SCHOOL

We hope you enjoyed a fantastic summer filled with sunshine, laughter, and precious moments with your little ones. As we bid farewell to the vacation days and start a new school year, we would like to share our enthusiasm and remind you about the upcoming Kindergarten Oral Health Assessments.

These assessments provide an excellent opportunity to evaluate your child's oral health and detect any potential issues early on. During the assessments, our friendly dental professionals will conduct a comprehensive examination, checking for tooth decay, gum disease, and other oral health indicators. They will also provide personalized oral hygiene guidance, emphasizing the importance of brushing, flossing, and maintaining a balanced diet for optimal oral health.

El Dorado Community Health Center Open to New Patients

The El Dorado Community Health Center (EDCHC), a local non-profit organization, provides general and family dentistry from ages six-months and up at their state-of-the art centers in Cameron Park and Placerville.

El Dorado County Office of Education collaborates with EDCHC to provide cleanings, digital X-rays, and exams on our county's state-of-the art dental mobile van that comes to the schools, making it convenient for students and parents.

At EDCHC clinics, their skilled providers, including general dentists, dental hygienists, and a board-certified pediatric dentist provide quality and personalized dental care, with strong emphasis on prevention and conservative approach. A wide variety of pediatric dental services are available to help kids get the care they need including minimally invasive dentistry, Nitrous Oxide (laughing gas), and specialized pediatric dentistry.

REMINDER

To make sure your child is ready for school, California law requires that children have a dental assessment by May 31 in either kindergarten or first grade, whichever is their first year in public school.

smile CALIFORNIA



For Dental Van information please
call 530-497-5016

Community Spotlight

PAULA RAPETTI
HEALTH AND NUTRITION COORDINATOR
EL DORADO COUNTY OFFICE OF EDUCATION
CHILD DEVELOPMENT PROGRAMS



How long have you been with EDCOE and served the South Lake Tahoe and Placerville communities?

I have just reached my one-year mark in August!

What are your duties within the program?

I track all of the health and nutritional needs of students (ages newborn – 5 years) – physicals, dental, immunizations, care plans i.e., asthma or severe allergies, etc. and the medications associated with those issues. I serve as a resource to the staff for both wellness and sick children. I make sure they have all of the health supplies they need.

What is your professional passion? I have always wanted to work in the community. My entire career before this has been as an RN in the hospital setting, where I worked in Pediatrics and the Pediatric ICU. Being able to make even a small difference in the lives of children and their families in my community is very important to me.

What are some of the challenges you are facing as a Health Coordinator for CDP?

Since I am still new, I don't have the community connections established yet. I value the people who serve in so many important capacities that benefit people here in El Dorado County and look forward to continuing to meet them and understand their roles.

Any news you would like to share about your program? This year we are seeing a shift in Head Start (HS) and Early Head Start (EHS). EHS enrollment is growing faster than HS. We are trying to evaluate how to accommodate the needs of the community with classes and hours/day etc. It is a great program that offers so much to the students and their families!

On a personal note...

I love birds, walking and reading. My husband and I have about 10 bird feeders and 2 hummingbird feeders in our yard and watching them is very relaxing. I have 2 cats that are so much fun. We love the Oregon Coast and visit there frequently – the ocean is amazing. We have a Christmas Tree farm that keeps us very busy!



CHECK OUT OUR SOCIAL MEDIA!



WELL DORADO



ORAL HEALTH



Community Outreach



3 MONTH - RECAP

The last three months have been busy with outreach events and summer fun. We are trying to stay connected to our community partners and offer support and education for students in our county.

Some of the events we have attended are:

- Tooth Fairy reading at the Cameron Park Library.
- El Dorado County Fair
- Placerville Library HUB
- Smile California's Dental van in Alpine County

If you would like us to participate in an event you are planning, we are happy to come out. Please contact eldoradosmiles@edcgov.us or call (530) 621-4000.

Tips to maintain a healthy smile for a successful school year.

1. Encourage regular brushing: Make brushing a daily routine by guiding your child to brush their teeth for two minutes, twice a day.
2. Promote healthy snacks: Pack tooth-friendly snacks like fresh fruits, vegetables, and cheese in their lunchboxes to help prevent tooth decay.
3. Schedule dental visits: Regular dental check-ups are crucial for preventive care. Ensure your child visits the dentist every six months.

UPCOMING EVENTS AND OUTREACH

AUGUST 23

KICKSTART

SOUTH TAHOE MIDDLE SCHOOL

8:00 AM - 4:00 PM

SEPTMEBER 24

FOUNDER'S DAY - GEORGETOWN, CA

8:00 AM - 6:00 PM



Follow us on Facebook!

El Dorado County Public Health has a Facebook page to promote information on health & wellness as well as health community events in our County.

Scan the QR code below to visit our page or use this link:

[Facebook.com/EDCPublicHealth](https://www.facebook.com/EDCPublicHealth)

¡Síguenos en Facebook!

El Departamento de Salud Pública del Condado de El Dorado tiene una página de Facebook para promover información sobre salud y bienestar, así como eventos comunitarios de salud en nuestro Condado.

Escanee el código QR a continuación para visitar nuestra página o use este enlace:

[Facebook.com/EDCPublicHealth](https://www.facebook.com/EDCPublicHealth)

